

ALL ABOUT US

Volume 47 Issue 6 Accotink Academy Preschool 6215 Rolling Road Springfield, VA 22152 (703) 451-5797 February, 2012

Calendar Notes

February 1

Registration for Alumni

February 6

Public Registration

February 14

Staff Training

(Dress Down Days- 2/14 & 2/15)

February 20

Presidents' Day Holiday

No School

February 23 & 24

Dentist Visits

Menu

Feb. 1-3 Saltines

Vanilla Wafers

Feb. 6-10 Wheat Thins

Valentine Treats

Pretzel Twists

Feb. 13-17 Goldfish

Crackers

Animal Crackers

Feb. 21-24 Honey Grahams

Ritz Crackers

Feb. 27-Mar. 2 Popcorn

Cheez-its

Apple Juice and water served daily

Units Of Study

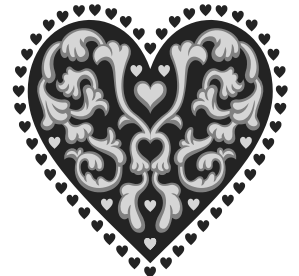
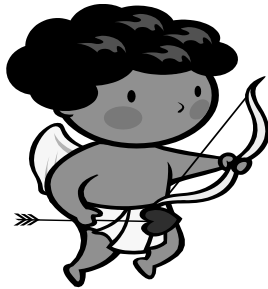
Valentines Day

Groundhog Day

The Post Office

Dental Health

The Presidents



FROM THE DIRECTOR'S DESK

Children are constantly forming beliefs about their self-worth. Encouragement is very powerful in building a positive self-image in children. It is not based on competition or comparison but on effort and improvement. All of us benefit from encouragement when feeling overwhelmed and daunted by every day tasks as well as those which are not familiar to us. When dealing with children, we need to be genuine and very specific. Giving encouragement is a learned skill. Saying things like, "You did an amazing job helping me with your baby sister when she was crying" is specific and genuine. Words such as "awesome", "excellent", or "I love you" carry weight as well.

Children, just like adults, will face new challenges in life. It could be taking that first step toward mastering a difficult math concept and support in the form of encouragement is powerful. Try to remember these tips when you need a little encouragement yourself!

- Every child has strengths and weaknesses. Try to recognize your child's strengths most often and don't dwell on the weaknesses.
- Avoid beginning every encouraging phrase with "I", as in "I like your picture". If you say, "You must be proud of your drawing, it allows your child to build internal feelings of self-worth, not feelings always based on what you or someone else thinks.
- Give encouragement for effort and improvement. Use encouraging phrases such as, "You are really getting better at picking up your toys."
- Help children feel valued for their efforts. Say, "This is a fantastic painting. I can see all of the hard work you put into this. Let's find the perfect place to hang it!"
- Be specific when you can. Using words like, "Thanks for reminding me about your field trip today-I needed a little help remembering that!" can be easily understood by young children.

Continued on page 3

ANNOUNCEMENTS

Registration for 2012-2013

On January 25, 2012, registration began for current Accotink students. On Wednesday, February 1, 2012, we will hold Alumni registration. The general public may register on Monday, February 6, 2012. We will continue to enroll children throughout the school year until all classes have filled.

The age requirements for the different classes are as follows:

- **2-Day AM Program:** Child must turn 3 by December 31, 2012 and be toilet trained.
- **3-Day AM Program:** Child must turn 3 by October 31, 2012 and be toilet trained.
- **3-Day PM Program:** Child must turn 3 by December 31, 2012 and be toilet trained.
- **5-Day Program:** Child must turn 4 by December 31, 2012
- **Junior Kindergarten:** Child must turn 5 by December 31, 2012
- **Kindergarten:** Child must turn 5 by September 30, 2012

The registration schedule is as follows:

Wednesday, January 25th

Registration open to all current Accotink families.

Wednesday, February 1st

“Alumni Day” Registration open to parents who previously had children enrolled at Accotink.

Monday, February 6th

Registration open to the public.

Tuition Fees for 2012-2013

Registration Fees:

2 Day Class	\$2,000	\$80
3 Day Class	\$2,880	\$85
5 Day Class	\$4,090	\$90
Junior Kindergarten	\$4,250	\$90
Half Day Kindergarten	\$4,400	\$110
Full Day Kindergarten	\$8,880	\$210

Change in Staff Training Days

Beginning in February, the Staff Training day will be changed from **Wednesday** to **Tuesday** for the remainder of the school year. The morning classes will be from 10:45 a.m. to 12:45 p.m. and the afternoon classes will be from 1:30 to 3:30 p.m.

Staff training days for the remainder of the school year will be as follows:

February 14th
March 20th
April 17th
May 15th

We would also like to remind parents that on Tuesdays and Wednesdays of staff training week, children are allowed to wear their regular play clothes to school and do not need to be in uniform on these days.

Please keep in mind that Lunch Bunch and Enrichment classes will still be offered on these days. These programs will dismiss at 2:00 pm on these days.

VALENTINE CELEBRATIONS

Since our classes will be having Valentine’s Day parties this month, we would like to remind parents that some children are allergic to red dye additives in certain sweets and candies. In order to avoid any health problems, please refrain from sending in snacks for parties which contain this ingredient. In addition, we would like to recommend that you consider sending in healthy snacks for this occasion in order to cut down on sugary sweets which promote tooth decay. Some suggestions you may consider are things such as cut up vegetables with dip and heart shaped sandwiches. Please check with your child’s teacher to find out if there are certain food allergies in your child’s class.





Summer Sunshine Program

Plan to join us for our annual fun-filled summer camp program. The camp will meet daily from 10:00 a.m. to 2:00 p.m., Monday, June 4 through Friday, July 20. Information and registration forms are now available. The forms to enroll in summer camp are available in the office and on the bookshelf located adjacent to the Hall Monitor's desk. Registration for the summer program is ongoing from January 25th— May 18th. Children ages 3-6 and toilet trained are able to attend this program. Come join your friends in a fun-filled environment which consists of water play, theme days, arts and crafts and lots more. If you have any questions, please contact Fran McBride at 703-451-5797 and press option #2 to leave a message.

Accotink Recital Update

Mark your calendars for Saturday, March 17th, for our Spring Recital at West Springfield High School. The children are hard at work learning their songs and dance routines and are excited about performing for you. More information will be forthcoming next month with further details. Below you will see show times and when the classes will be performing.

1:00 PM SHOW

- Mrs. Buell's 3 PM class
- Mrs. O'Pray's class
- Mrs. Yocom's 3AM class
- Mrs. McBride's 3PM class
- Mrs. Scavongelli's 3PM class
- Mrs. Winston's 5AM class
- Mrs. Searle's JKAM class



3:30 PM SHOW

- Mrs. Buell's 2AM class
- Mrs. Buell's 3AM class
- Mrs. Magalong's 2AM class
- Mrs. Greenhaugh's 2AM class
- Mrs. McBride's 5AM class
- Mrs. Scavongelli's 3AM class
- Mrs. Altman's JKAM class
- Mrs. Druggan's Kindergarten class

CELEBRATING DR. SEUSS

On March 1st and 2nd, we will hold a special celebration to honor the birthday of Dr. Seuss. On these two days we will have the children wear their favorite hat to school and we will be sharing lots of Dr. Seuss stories. **We are in need of parent volunteers** to read to several classes, so please let the office staff know if you will be able to help us make this occasion a special one for our children. Don't forget to bring your favorite hat!!!

Box Tops For Education

If you are still collecting box tops, please get them to us by the third week of February. Mrs. Cordiner, our parent volunteer for this effort, will need time to tally them before they are submitted by the March 1st deadline. We appreciate all she has done to make this program a success for our school. The color sheets she has provided have been a huge hit with our students. We were able to add new equipment for our playground thanks to the generosity of our parents and children participating in this program. You may continue to save these Box Tops throughout the remainder of the school year and into the summer. We will add them to the collection box at the beginning of the 2012-13 school year.